

LaBlast Fitness

Fitness • Line Dance • Splash

Fitness Starter Kit Playlist

11 Songs; 56 Minutes

Song	Time	Artist	Album	Genre	Dance
Don't Stop 'Til You Get Enough (Single Version)	5:51	Michael Jackson	The Essential	Warm Up/Disco	
I Wanna Dance with Somebody (The Cube Guys Extended Mix Full Vocal)	7:00	The Cube Guys & Barbara Tucker	I Wanna Dance	Disco	
Feel What You Want	5:09	Kristine W	The Power of	Paso Doble	
Holding Out for a Hero	5:50	Bonnie Tyler	Footloose (15	Paso Doble	
Let's Stay Together	5:17	Tina Turner	All the Best: T	Rumba (Weights)	
My Heart Will Go On	4:40	Céline Dion	Let's Talk Abo	Rumba (Weights)	
Think (Extended Mix)	4:46	69 Lovers & Lanfranchi & Farina	Think (Electro	Quickstep	
Through the Night (Chris Lake Mix) [feat. Coco]	5:10	Cedric Gervais	Through the N	Quickstep	
Do You Love Me	2:55	Contours	20th Century	I Jive	
You Can't Stop the Beat	5:25	Nikki Blonsky, Zac Efron, Amanda Bynes, Elijah Kelly	Hairspray (Sou	Jive	
You're the One That I Want	3:09	Alex & Sierra	As Seen on TV	Cool Down	

