

LaBlast Fitness 5/23			
14 Songs: 50 Minutes			
Song	Time	Artist	Dance
Higher (feat. Travie McCoy) [Bonus Track]	3:38	Taio Cruz & Travie McCoy	Warm Up
Uptight (Everything's Alright)	2:55	Stevie Wonder	Disco
La Negra Tiene Tumbao	4:13	Celia Cruz	Salsa
Fame	5:16	Irene Cara	Cha Cha/Paso Doble
Nah Neh Nah	2:54	Vaya Con Dios	Lindy Hop
Fever	3:33	Beyoncé	Foxtrot
He's a Tramp	2:42	Peggy Lee & Sonny Burke and Hi	LIF Foxtrot (W)
Balada (Tchê tcherere tchê tchê) [Remix]	3:47	Gustavo Lima & Dyland & Lenny	Merengue (W)
Necessary Evil	3:46	Nikki Yanofsky	Rumba (W)
CTRL + ALT + DEL	2:33	Rêve	LIF NY Hustle (W)
Far l'amore (feat. Raffaella Carrà)	3:02	Bob Sinclar	Samba
Bills	3:25	LunchMoney Lewis	Quickstep
Ex's & Oh's	3:22	Elle King	Jive
Babe	4:25	Styx	Cool Down