JUNE 2023 | FITNESS | JIVE NO BAD DAYS | MACKLEMORE

1X4 INTRO 16X8 1) COMBO: 6-COUNT BASIC SIDE TURNED ± GRAPEVINE 16X8 2) COMBO: 6-COUNT BASIC FWD/BACK TURNED (AMERICAN SPIN) **12X8 1) REPEAT 12X8 2) REPEAT**

fitness powered by dance