

LaBlast Fitness 7/23			
12 Songs: 49 Minutes			
Song	Time	Artist	Dance
Apologize (Workout Remix)	4:21	Power Music Workout	Warm Up
Love On Top	4:28	Beyoncé	Disco
Sweat (Remix)	3:16	CDM Project	LIF Cha Cha
Gang of Rhythm	3:34	Walk Off the Earth	Quickstep
Vacaciones	4:04	Pitbull & Gente de Zona	Merengue (W)
Try	4:08	P!nk	Rumba (W)
Billie Jean	4:38	Young Sinatras	Foxtrot (W)
Empire State of Mind (feat. Alicia Keys)	4:37	Jay-Z	Salsa (W)
Cuba y Puerto Rico (Salsa Version)	3:02	Alfredo Balanza	LIF Salsa
I Walk Alone (Morlando Club Mix)	5:20	Cher	Paso Doble
American Kids	3:03	Kenny Chesney	Jive
Smell of Desire	4:32	Enigma	Cool Down