

JANUARY 2024 | CHAIR FITNESS | SAMBA

PLAYED-A-LIVE | SAFRI DUO

4X8 INTRO

8X8 1) COMBO: BASIC FWD ± SIDE ± WHISK ± CLAPS

8X8 2) VOLTA CROSSOVERS ± BOUNCE

8X8 1) REPEAT

8X8 2) REPEAT

8X8 1) REPEAT

8X8 2) REPEAT

