

**MARCH 2024 | SPLASH | JIVE**  
**HEART STILL BEATING | NATHAN DAWE**

**2X8 INTRO**

**8X8 1) SINGLE KICK HALF ± FULL TIME COMBO**

**8X8 2) DOUBLE KICKS ACROSS ± JOGS**

**10X8 3) JUMPS ± TUCKS ± SKIS ± JOGS ± RUN**

**8X8 1) REPEAT**

**8X8 2) REPEAT**