

**LaBlast Fitness 7/24****14 Songs; 50 Minutes**

<b>Song</b>	<b>Time</b>	<b>Artist</b>	<b>Dance</b>
Proud (feat. Dirty Disco & Matt Consola) [Division 4 & Mat	6:17	Heather Small	Warm Up
Illusion	3:08	Dua Lipa	Hustle/Disco
Feel What You Want	5:09	Kristine W	Paso Doble
Machika	3:09	J Balvin, Jeon & Anitta	Samba
Shake It	3:00	Metro Station	Lindy Hop
When We're Human (feat. Terence Blanchard)	2:22	Michael-Leon Wooley, Bruno C	LIF Lindy Hop
Algo Contigo	3:30	Gente de Zona	Merengue (W)
My Wish	4:08	Rascal Flatts	Rumba (W)
Bésame (I Need You)	2:16	R3HAB, TINI & Reik	Salsa (W)
Shall We Dance?	2:51	The Karminsky Experience I	LIF Samba (W)
Black Horse and the Cherry Tree	3:45	TK	Quickstep
MIDDLE OF THE NIGHT	3:04	Elley Duhé	Viennese Waltz
Teeth	3:25	5 Seconds of Summer	Jive
Courage	4:19	P!nk	Cool Down