



Insert Instructor Photo Here

FITNESS POWERED BY DANCE

Jive Quickstep Paso Rumba Waltz Foxtrot...

Location:

Day:

Time:

- **Based on all dances seen on "Dancing with the Stars"**
- **Perfect blend of ballroom dancing and fitness**
- **Boosts confidence**
- **No partner needed**
- **Fun for kids of all ages**

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