

**SEPTEMBER 2024 | CHAIR FITNESS | TANGO**

**TANGO | ALEXEY ROMEO & JURY JET**

**4X8 INTRO**

**8X8 1) KICKS ± POINTS**

**2X8 BREATH**

**8X8 2) CHASSES ± SWAY**

**8X8±4 1) REPEAT**

**8X8 2) REPEAT**

**8X8 1) REPEAT**

