

FEBRUARY 2025 | CHAIR FITNESS | RUMBA

SIN TI | LUIS MIGUEL

2X8 INTRO

2X4 2) RUMBA ROCKS

2X8 2) SLIDING DOOR VARIATION(1-FORWARD BASIC, 1- SIDE CUCARACHA)

1X8 1) 2 FRONT CUBAN BREAK,

4X8 1) REPEAT TO THE LEFT

4X8 1) REPEAT TO THE RIGHT

4X8 1) REPEAT TO THE LEFT

4X8 1) REPEAT TO THE RIGHT