

MAY 2025 | FITNESS | LATIN HUSTLE

FREE WOMAN | LADY GAGA

2X8 INTRO

8X8 1) COMBO: GRAPEVINE SLOW ± FAST

8X8 2) COMBO: DOUBLE/QUADRUPLE GRAPEVINE

4X8 3) BASIC TO SIDE

8X8 1) REPEAT

8X8 2) REPEAT

8X8 3) REPEAT

